





#### TRINIDAD-RATON CONNECTION

# "What do you do for exercise?"

**By Tim Keller** *Correspondent The Chronicle-News* 

Photos by Tim Keller / The Chronicle-News



"I ride my bike every day. It's better than the gym. I go pretty far with it-to Starkville, to Cokedale, to Walmart, to the fair-grounds..."

- Julian Valenzuela (Trinidad)



"Logging. That's my exercise, all day, every day. I wear a Fitbit wristband that keeps track, like an account, of the exercise I get every day."

- Scott Canda, co-owner, Forestwise LLC (Trinidad)



"I'm on a kick: I go to SNAP Fitness and do the treadmill and an oscillating bike machine. I feel good each time I finish. It gets addictive. If I don't go, I feel like I've cheated myself."

– Guy Solano, pinto-bean vendor (Raton)

"I hike with my dog at Trinidad Lake State Park. Our favorite is the Long's Canyon Trail. I like to hike in the morning and it helps me all day. It not only makes me feel healthy, but more mentally alert."

- Maggie May, correspondent, The Chronicle-News (Trinidad)



"I have a home practice of Bikram Yoga, ninety minutes every day. It strengthens every bone, tendon, muscle, and cell in my body. I take no meds, have no pain, have high energy, and I'm over 60."

- Pam Harkness, owner, Harmony Path Massage (Raton)



"I work. I get my exercise at work. I'm a rancher. Fencing, hauling T-posts, digging post holes, riding horses—it's all strenuous."

- Amy Wright, grazing manager, McAuliffe Ranch (Raton)

## H.S. FOOTBALL Miners fall to Rye sans the seniors Hazing incident sits seven Trinidad starters

NHL Sakic, Avs look to hosting

**By Doc Leonetti** *Correspondent The Chronicle News* 

A non-school related hazing incident was the primary villain that derailed the ninth ranked Class 2A Miners two game winning streak last Friday at Miner Stadium. Seven seniors, starters on both sides of the ball, were suspended for the game, leaving the remaining youngsters on the roster gasping for air. The eighth ranked 1A Rye Thunderbolts were in town. The undergrads from Trinidad High were left in the void, and facing a most daunting task.

"The suspension of our seniors forced us to make a lot of moves," said Coach Randy Begano. "We had two seniors suited (Angelo Claflin, Quentin Basthge), and we lost two lineman (tackles J.T. Velasquez, Isiah Vigil) to injury. We played in the second quarter and most of the remainder of the game with three freshman, a junior, and three sophomores. Some of the kids we played tonight have never competed in the lineman spot. We had to move our fullback (Anthony Saenz) to center. Defensively, we were the same way. Our defensive ends were a sophomore and a freshman, and a senior kid who never played the line before. We had to move a lot of players around."

The Thunderbolts, with star running back Trey Zupancic leading the way with 279 yards in the game and three touchdowns in the first half, jolted the undermanned Miners, running away with an easy 45-0 win to increase their record to 2-1.

"It was a great experience for our younger kids," said Assistant Coach Gary Vezzani. "They now have a good idea where they have to get to. That goes with just learning. They have to learn to stretch defensively. They tackled pretty well. Vance (Ferraro) is highly competitive and he played well.



He showed up and competed. I wish we didn't have to play freshman and younger kids like we did, but they handled it well. The younger players have to know where they have to get to. Quinten, a new kid, came in and did some good things. He's been with us for two weeks and had to adjust on the fly. They played hard and gave it all they had. They didn't lie down. We try to communicate to the kids that they have to learn. I love our kids here in Trinidad because they are resilient and you can be honest with them in all respects. What people need to realize is we like football and we love the game, but football is a lesson in life. I'm proud of how they handled it. They handled it with class and that is a great lesson in teamwork. We're only good as we can be together. Wins. losses. it doesn't matter. It's more about teaching kids about life. I think Vance stepped up in a way that was amazing. Now we have to get past this and move on. We can do that. We have a lot of weapons. We'll get it going. Randy tells the kids that if they give it a good shot, that's what it is all about."

Two of the Miners starting juniors did not play. Seven of the seniors were starters on both sides of the ball. Ferraro was moved from running back to the quarterback position. The injured Velasquez was transported to Mt. San Rafael with a lacerated liver and will be out for the season. But the youngsters in blue were game. There was no quit in the kids from Trinidad High.

'Overall, our kids, under the circumstances, played a really good game on both sides of the ball," concluded Begano. "Hopefully we will get better. Our kids were certainly mismatched, but they stepped up and played well for their first experience. They played really hard. They had to fill some big shoes. Our seniors know, and were lamenting the fact that they embarrassed the program. We have Alamosa for homecoming this week. I expect them to step up and perform. We hope to get them where they belong, playing Miner football. We'll have all our seniors back. and with all our injuries and problems, we'll need them. They have a big team and can throw the ball and spread the field around. Their quarterback is a big 215 pound kid who can throw the football. We'll have our seniors back so we'll expect a better effort. Hopefully we can get it back together again.

Offensively, the Miners (2-1) managed 41 yards through the air and 40 yards rushing on the legs of Ethan Duran.

"It was unfortunate for us to be in that situation," said Coach Mike Ridolfi who assists with the offense. "I hope we all have learned from that; players, parents, coaches,' all of us. Our kids played some pretty good pass defense, considering. They allowed them only 52 yards passing. The kids never gave up. I'm proud of them. I just hope we can get it going and get ready for Homecoming."

Friday's kickoff is slated for 7 p.m.

Trinidad	0	0	0	0-0
Rye	21	7	7	10 - 45

### Red Wings in outdoor game

#### **PAT GRAHAM**, *AP Sports Writer*

DENVER (AP) — Joe Sakic was close enough to hip check one of his fiercest rivals off the stage and into the stands.

Of course, that wouldn't be very polite. Not while wearing a sports jacket at an event Monday to promote the Colorado Avalanche hosting their first NHL outdoor game. The Avalanche great turned general manager resisted any sort of temptation even with longtime Detroit adversary Kris Draper sitting a row in front of him.

Colorado and Detroit will play at Coors Field home of the Colorado Rockies — on Feb. 27. The day before, there's an alumni game that could feature Peter Forsberg, Patrick Roy, Ray Bourque and Sakic for Colorado, along with Sergei Fedorov, Steve Yzerman, Paul Coffey and Draper for Detroit.

Just like old times. Well, minus all those fights, big hits and Stanley Cup implications from those rivalry days.

"We didn't like them and they didn't like us," said Draper, who showed up for the news conference along with NHL Commissioner Gary Bettman, Rockies owner Dick Monfort, Avalanche President Josh Kroenke and Colorado Gov. John Hickenlooper. "But the bottom line is there was unbelievable hockey that was being played. It wasn't just a bunch of goons going at each other.

"It was some of the greatest players that played in our game, and I think that's what took the rivalry to the next level."

There will also be a game between rivals Colorado College and the University of Denver on February 20 at Coors Field.

A makeshift rink was outlined at the ballpark Monday, with one goal placed in the outfield grass just past first base and the other near the hole between third and shortstop.

All that was missing was the ice — and cooler temperatures (it was 75 degrees and sunny). Sakic's hoping for a mild afternoon in February, maybe with some snow in the forecast.

"Just as long as it's not too cold," Sakic cautioned.

Sakic thought it was only natural the Avalanche hosted this contest, especially on the 20th anniversary of the team moving to the Mile High City. Since then, they've won two Stanley Cup titles, with Sakic and Roy leading the charge as players.

Now, they're trying to get the current Avalanche back to that level — Sakic in the front office and Roy as coach.

"It will be great for our team, our organization, our city, to have an outdoor game like this," Sakic said. "I know the guys are going to be excited and looking forward to that game."

