



Niederman celebrates food in 10th book

By **TIM KELLER**
The Chronicle-News

Raton's Sharon Niederman is all over New Mexico this month on a promotional tour for her 10th book, published this week by New Mexico Magazine. "New Mexico's Tasty Treats: recollections, recipes and photos" consolidates and builds upon years of magazine features Niederman has produced to order for Sunset Magazine, New Mexico Magazine, Herb Companion, and others.

Niederman's bright, colorful photographs perfectly set the tone for a celebratory book on New Mexico's diverse food traditions. She visits the families of miners, cowboys, Native Americans, and various ethnic groups.

"I wanted to go beyond red and green," she explained at home last week. "I wanted to explore in my essays the love that people have for their traditions and how we sustain our traditions and cultures. I wanted to show how we gain our sense of place from our traditions."

She continued, "It was often assignments from the magazines that brought me to these traditions." The assignments stretched back

as far as 15 years, but she began preparing the book three years ago, revisiting, expanding, and supplementing the earlier materials. The result is what Niederman calls, "A fun book, a happy book, a celebration."

Sixteen chapters are supplemented with a statewide calendar of food festivals, bringing the length to 137 pages. The paperback book is available for \$27.50 from all book retailers or from New Mexico Magazine at www.nmmagazine.com or 1(800) 711-9525.

The back cover proclaims, "an armchair tour of cafes, ranches, festivals, home kitchens, and farmers markets through the eyes of veteran food-travel writer Sharon Niederman."

Content includes green chile in Hatch and pies in Pie Town. It's not a cookbook, but each chapter includes some recipes. Niederman explores how food is grown and then prepared. She pays attention to history and utensils in a hands-on immersion with what she calls New Mexico's foodways.

Local northeastern New Mexico visits include the cakewalk at the Colfax County Fair, foraging for chokecherries along the

Cimarron River, and an entire chapter spent learning to make potica bread with Raton's Betty Antonucci. "A citrus-flavored loaf, very rich but not too sweet," Niederman learns that potica has long been a treasured holiday tradition, especially in coal-camp culture. Antonucci learned the Italian version from her mother while growing up in Pueblo. The bread is made at Christmas, but it's also popular for Easter, weddings, and birthdays. The next in Niederman's book-signings are Dec. 4 at Collected Works in Santa Fe, Dec. 5 at Bookworks in Albuquerque, and Dec. 12 at Tome on the Range in Las Vegas, NM.

She's had such fun with



Photo by Tim Keller

New Mexico Magazine releases Sharon Niederman's 10th book this week.

the project that she's started a food blog at newmexicotastytraditions.com. A recent posting featured "Five Fave New Mexico Cafes," celebrating the

state's best green chile, including the green chile burrito at Yum-Yum's Donuts and Restaurant in Tularosa. Foodies will

enjoy following Niederman's pathways to such New Mexico food treasures.

THE FINE PRINT

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"Teddy Bear Roundup"
Now until Dec 3 - Raton's Motel 6 hosts this great annual event to support local law enforcement

officers, fire fighters & social services in their endeavor to lend comfort & aid to children experiencing traumatic situations. Members of the community can drop off a new teddy bear in the collection boxes @ Motel 6, 1600 Cedar St., Raton, NM. For more

information call Adrian M. Sandoval @ 575-445-2777.

Men's Retreat

All area men are invited to attend this free special event 10 a.m. - 2 p.m. Sat, Dec 4 @ the Hoehne Community Center.

Lunch will be provided by the First Christian Church of Trinidad. For more information call 719-846-3843.

Memorial Service

Sangre De Cristo Hospice sponsors a Reflections

Celebration & Tree Lighting service 6 p.m. Thurs (Dec 9) @ the First Christian Church, 200 S. Walnut St. Trinidad, for an evening to honor & remember the special people who have touched our lives & will forever remain in our hearts. For more information please call Annalee Hickey @ 719-330-7235.

Toy Drive

The Trinidad Fire Department needs your help for the Toy Drive. You can drop off your unwrapped, new toy donation @ any local bank, Safeway, Big R or the Corazon Gallery until Thurs (Dec 9). For more information call Drew Gatlin @ 719-846-8664.

Parade lights up downtown Trinidad

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Homeowners have a chance to win \$150 for first place, \$100 for second and \$50 for third as determined by voters riding the trolley and viewing contest entrants.

Entry deadline is today. The trolley tours begin Dec. 6 and will continue until Dec. 18, except Sunday, Dec. 12. The trolley arrives at the City Hall trolley stop at 5 p.m., leaves at 5:30. It returns around 8 p.m. Seating is limited. On the weekends of Dec. 10, 11, 17 and 18, The Council of Governments will provide additional bus transportation for the tour to accommodate any trolley overflow.

The Trinidad History Museum has scheduled events on Saturday, Dec. 4 and 11, mid-day. Dec. 4 is Santa's annual visit to the Bloom Mansion and on Dec. 11, a book signing is scheduled in the museum store.

FOX
BOX OFFICE OPENS 7:00
SHOW STARTS 7:30
now showing
Disney Tangled
PG
423 W. Main • 846-2851

THE MOVIE PICTURE SHOWHOUSE
Easter
Mon-Thurs: 7:15 p.m.
RATED R - No one under 17 admitted without parent. Id's required

Harry Potter and the Deathly Hallows, Part 1
Mon-Thurs: 6:30 p.m.
RATED PG13

Unstoppable
Mon-Thurs: 7 p.m.
RATED PG13

Megamind
Mon-Thurs: 6:45 p.m.
RATED PG
3600 E. Main • 846-0552

Notice to Parents of Children 8 and Younger

New Guidelines for 2010 Flu Vaccination

- *Children 8 yrs and younger will need 2 doses of seasonal influenza vaccine this year if they did not receive the H1N1 vaccine last year.
- *Children 8 yrs and younger who have never before received the seasonal influenza vaccine will require 2 doses.
- *Children 8 yrs and younger who received seasonal influenza vaccine for the first time last year, but who only received 1 dose, require 2 doses this year
- *Children 8 yrs and younger who received influenza vaccine last year, but for whom it cannot be determined whether it was seasonal or H1N1 vaccine, 2 doses are recommended this year.

To meet these requirements the Las Animas Huerfano Counties Health Department will be Holding additional Flu Shot Clinics on:
Wednesday Dec. 1st
And
Wednesday Dec. 8th
From 4-7pm
412 Benedicta Ave
(719) 846-2213

I want what my mother wants!

...for her to be happy, safe and comfortable in her own home.

So I called Seniors, Inc.

Seniors Inc. is a local non-profit that carefully screens in-home workers to provide expert, affordable assistance with chores, housekeeping, personal care, meal preparation, one-on-one transportation and more.

Seniors, Inc. offers the care, compassion and companionship that individuals need to age independently. With a full range of services that people want and need, Seniors Inc. helps caregivers who need a break so that they can focus on what's important to the whole family.

More than just help, trusted companions.

If we don't have what you need, we'll help you find it!

Seniors! Inc.

Call Today **846.4414**
seniorsinc.org

Here's another mystery photo

in the

Chronicle-News Christmas Scavenger Hunt

If you're the first to identify the business where the photo is located (or others you see in our newspaper) trade the picture for a coupon - good for your free gift when you bring it to The Chronicle-News at 132 N. Commercial.

Contestants are limited to collecting only one item in the contest and there can only be one winner per family.

These are our participating businesses: Possibilities, Shirley's Thrift, New Heritage Antiques, Trinidad Pediatrics & Adult Therapy, Home Town Pharmacy, Eagle Totem Gallery, Lori Lyn's, Commercial Street Salon, CAD Creations/The Fish Pond, Francesca's Unique Gifts and Furniture, Purgatoire River Trading Company, Fabilis Wings, What'A Grind, Original Townsite Gallery, Cash Advance, Corazon Gallery, First Street Gallery, Shear Mechanix and DigiCare.

Good luck, holiday hunters!

If you are a business that would like to participate, please call Michelle Goodall at The Chronicle-News: (719) 846-3311, ext. 5.

MAKE A CHILD'S CHRISTMAS THIS YEAR

THE TRINIDAD FIREMAN'S TOY DRIVE NEEDS YOUR SUPPORT

Please feel free to drop off your donation at these participating businesses:

- First National Bank
- International Bank
- Century Savings and Loan
- Bank Of The West
- Safeway
- Corazon Gallery
- Big R

You can help in other ways as well...
Wrap presents at 6 p.m. on Dec. 10, 2 p.m. or 6 p.m. on Dec. 11 and 6 p.m. on Dec. 12

For further information call Drew Gatlin at 719-846-8664

TOY DRIVE